

Student: _____ Teacher _____

SHMA Hot Lunch Menu

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	Mondays Deli Day From Subway With fresh fruit and granola bar	Tuesdays Taco Tuesday From Taco Bell With fresh fruit and pretzels	Wednesdays Pico Rojo Rotisserie Chicken With fresh fruit and granola bar	Thursdays Pizza Day From Dominos Pizza With fresh fruit and pretzels	Fridays Chicken Day From Chick-Fil-A With fresh fruit and granola bar	
1/16/12 to 1/20/12	M.L.K Day - No School	(Sm.) Chicken Soft Taco ____ (Reg.) 2 Chicken Soft Tacos ____ (Reg.) Cheese Quesadilla ____ (Lg.) Chicken Quesadilla ____	(REG) Half chicken Sandwich ____ (LG) 1 leg with beans/rice ____ (LG) Whole chicken sandwich ____ (LG) Beans/rice, corn, salad ____	(Sm.) 1 Slice ____CHZ ____PEP (Reg.) 2 Slices ____CHZ ____PEP (Lg.) 3 Slices ____CHZ ____PEP	(Reg.) 4 Nuggets ____ (Lg.) 8 Nuggets ____ (Lg.) Regular Chicken Sandwich ____ (XLg.) Grilled Chicken Sandwich ____ (Sm.) Side Salad ____	
1/23/12 to 1/27/12	(Sm.) 4" Ham and Cheese ____ (Sm.) 4" Turkey and Cheese ____ (Lg.) 8" Ham and Cheese ____ (Lg.) 8" Turkey and Cheese ____ Veggie Sub (Sm. ____ or Lg. ____)	(Sm.) Chicken Soft Taco ____ (Reg.) 2 Chicken Soft Tacos ____ (Reg.) Cheese Quesadilla ____ (Lg.) Chicken Quesadilla ____	(REG) Half chicken Sandwich ____ (LG) 1 leg with beans/rice ____ (LG) Whole chicken sandwich ____ (LG) Beans/rice, corn, salad ____	(Sm.) 1 Slice ____CHZ ____PEP (Reg.) 2 Slices ____CHZ ____PEP (Lg.) 3 Slices ____CHZ ____PEP	(Reg.) 4 Nuggets ____ (Lg.) 8 Nuggets ____ (Lg.) Regular Chicken Sandwich ____ (XLg.) Grilled Chicken Sandwich ____ (Sm.) Side Salad ____	
1/30/12 to 2/3/12	(Sm.) 4" Ham and Cheese ____ (Sm.) 4" Turkey and Cheese ____ (Lg.) 8" Ham and Cheese ____ (Lg.) 8" Turkey and Cheese ____ Veggie Sub (Sm. ____ or Lg. ____)	(Sm.) Chicken Soft Taco ____ (Reg.) 2 Chicken Soft Tacos ____ (Reg.) Cheese Quesadilla ____ (Lg.) Chicken Quesadilla ____	(REG) Half chicken Sandwich ____ (LG) 1 leg with beans/rice ____ (LG) Whole chicken sandwich ____ (LG) Beans/rice, corn, salad ____	(Sm.) 1 Slice ____CHZ ____PEP (Reg.) 2 Slices ____CHZ ____PEP (Lg.) 3 Slices ____CHZ ____PEP	(Reg.) 4 Nuggets ____ (Lg.) 8 Nuggets ____ (Lg.) Regular Chicken Sandwich ____ (XLg.) Grilled Chicken Sandwich ____ (Sm.) Side Salad ____	
2/6/12 to 2/10/12	(Sm.) 4" Ham and Cheese ____ (Sm.) 4" Turkey and Cheese ____ (Lg.) 8" Ham and Cheese ____ (Lg.) 8" Turkey and Cheese ____ Veggie Sub (Sm. ____ or Lg. ____)	(Sm.) Chicken Soft Taco ____ (Reg.) 2 Chicken Soft Tacos ____ (Reg.) Cheese Quesadilla ____ (Lg.) Chicken Quesadilla ____	(REG) Half chicken Sandwich ____ (LG) 1 leg with beans/rice ____ (LG) Whole chicken sandwich ____ (LG) Beans/rice, corn, salad ____	(Sm.) 1 Slice ____CHZ ____PEP (Reg.) 2 Slices ____CHZ ____PEP (Lg.) 3 Slices ____CHZ ____PEP	1/2 day - no lunch	Totals: Sm. # ____ x \$3.75=
2/13/12 to 2/17/12	Conferences - no lunch	(Sm.) Chicken Soft Taco ____ (Reg.) 2 Chicken Soft Tacos ____ (Reg.) Cheese Quesadilla ____ (Lg.) Chicken Quesadilla ____	(REG) Half chicken Sandwich ____ (LG) 1 leg with beans/rice ____ (LG) Whole chicken sandwich ____ (LG) Beans/rice, corn, salad ____	(Sm.) 1 Slice ____CHZ ____PEP (Reg.) 2 Slices ____CHZ ____PEP (Lg.) 3 Slices ____CHZ ____PEP	(Reg.) 4 Nuggets ____ (Lg.) 8 Nuggets ____ (Lg.) Regular Chicken Sandwich ____ (XLg.) Grilled Chicken Sandwich ____ (Sm.) Side Salad ____	Reg. # ____ x \$4.25=
2/20/12 to 2/24/12	(Sm.) 4" Ham and Cheese ____ (Sm.) 4" Turkey and Cheese ____ (Lg.) 8" Ham and Cheese ____ (Lg.) 8" Turkey and Cheese ____ Veggie Sub (Sm. ____ or Lg. ____)	(Sm.) Chicken Soft Taco ____ (Reg.) 2 Chicken Soft Tacos ____ (Reg.) Cheese Quesadilla ____ (Lg.) Chicken Quesadilla ____	(REG) Half chicken Sandwich ____ (LG) 1 leg with beans/rice ____ (LG) Whole chicken sandwich ____ (LG) Beans/rice, corn, salad ____	(Sm.) 1 Slice ____CHZ ____PEP (Reg.) 2 Slices ____CHZ ____PEP (Lg.) 3 Slices ____CHZ ____PEP	(Reg.) 4 Nuggets ____ (Lg.) 8 Nuggets ____ (Lg.) Regular Chicken Sandwich ____ (XLg.) Grilled Chicken Sandwich ____ (Sm.) Side Salad ____	Lg. # ____ x \$4.75=
2/27/12 to 3/2/12	(Sm.) 4" Ham and Cheese ____ (Sm.) 4" Turkey and Cheese ____ (Lg.) 8" Ham and Cheese ____ (Lg.) 8" Turkey and Cheese ____ Veggie Sub (Sm. ____ or Lg. ____)	(Sm.) Chicken Soft Taco ____ (Reg.) 2 Chicken Soft Tacos ____ (Reg.) Cheese Quesadilla ____ (Lg.) Chicken Quesadilla ____	(REG) Half chicken Sandwich ____ (LG) 1 leg with beans/rice ____ (LG) Whole chicken sandwich ____ (LG) Beans/rice, corn, salad ____	(Sm.) 1 Slice ____CHZ ____PEP (Reg.) 2 Slices ____CHZ ____PEP (Lg.) 3 Slices ____CHZ ____PEP	(Reg.) 4 Nuggets ____ (Lg.) 8 Nuggets ____ (Lg.) Regular Chicken Sandwich ____ (XLg.) Grilled Chicken Sandwich ____ (Sm.) Side Salad ____	XLg. # ____ x \$5.25=
3/5/12 to 3/9/12	(Sm.) 4" Ham and Cheese ____ (Sm.) 4" Turkey and Cheese ____ (Lg.) 8" Ham and Cheese ____ (Lg.) 8" Turkey and Cheese ____ Veggie Sub (Sm. ____ or Lg. ____)	(Sm.) Chicken Soft Taco ____ (Reg.) 2 Chicken Soft Tacos ____ (Reg.) Cheese Quesadilla ____ (Lg.) Chicken Quesadilla ____	(REG) Half chicken Sandwich ____ (LG) 1 leg with beans/rice ____ (LG) Whole chicken sandwich ____ (LG) Beans/rice, corn, salad ____	(Sm.) 1 Slice ____CHZ ____PEP (Reg.) 2 Slices ____CHZ ____PEP (Lg.) 3 Slices ____CHZ ____PEP	(Reg.) 4 Nuggets ____ (Lg.) 8 Nuggets ____ (Lg.) Regular Chicken Sandwich ____ (XLg.) Grilled Chicken Sandwich ____ (Sm.) Side Salad ____	Total S+R+L+XL=

All lunches served with a choice of 100% juice or bottled water.